

# **TRAINING**

**AUTUMN/WINTER 2017**

**AT THE PAMELA SUNTER CENTRE, BRADFORD**  
**COURSES DELIVERED BY DR WENDY UTTLEY and IZZI**  
**ASHMAN IN THE SPECIFIC LEARNING NEEDS OF**  
**CHILDREN WITH DOWN SYNDROME**  
**FOR PARENTS AND PROFESSIONALS**  
**BOOKING FORMS AVAILABLE**

*"Excellent course with great ideas to put into practise."*

*"A wealth of motivating information and ideas for resources. Will direct other practitioners to the training."*

*"Brilliant training, leaving with excitement and enthusiasm to start new intervention."*

*"I have learnt a lot of strategies that will not only benefit my individual child but all the children in my class."*



*Over the last academic year we have trained 688 professionals, 251 parents and delivered assemblies to 1150 pupils.*

**\*\***

*100% of participants feel that they can improve their practise because of our training and the majority feel they understand Down syndrome and inclusion more.*



**Down Syndrome**  
**Training & Support**  
**Service Ltd**

The Pamela Sunter Centre  
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[www.downsupportbradford.btck.co.uk](http://www.downsupportbradford.btck.co.uk)

Registered Charity No. 1130994  
Company Number 6915555

### **Including children with Down syndrome - An introduction**

Wednesday 27th September 2017, 9.00 to 1.00pm

This session will introduce Down syndrome to people who have little experience of working with children with Down syndrome and cover society's view of Down syndrome, health implications, strengths and weaknesses in the classroom and outline ways to address the specific learning needs and manage behaviours of children with Down syndrome.

COST: £80 per professional (£20 for a second person from the same school) /£20 per family member.

Refreshments provided.

- *Fabulous course - given me some real insight. Will definitely amend/tweak practice.*
- *Thank you a very interesting morning. I feel that I have learned so much and want to find out more! Great presentation.*

### **Signing for children with Down syndrome**

Session 1 - Wednesday 4th October 2017

Session 2 - Wednesday 11th October 2017

Time 9.30 until 11.30am

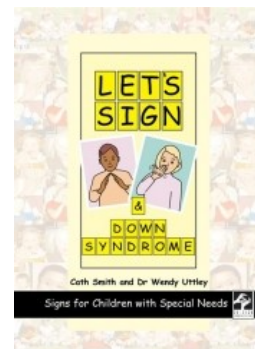
Session 1 will cover why we use signing with children with Down syndrome and the signs for manners, animals, food, family and other people, and the alphabet.

Session 2 will cover signs for the home, school day, colours, descriptions, time/days, questions and connective/link words. Followed by a discussion on how behaviour can be addressed through introducing signing.

Both sessions will include practise of useful phrases and familiar children's songs. A book "Signing and Down syndrome", covering the signs in this course is available for £7

COST: £80 per professional (£20 for second person from same school) /£20 per family member for both sessions inclusive.

- *A very useful course. Was good to be able to practice the signs straight away.*
- *Impressed with how much I have learnt over the two sessions.*
- *Really interactive and enjoyable.*



**Teaching basic numeracy to children with Down syndrome and other learning difficulties using the Numicon approach**

*Wednesday 18th October 2017, 9.30 to 12.30pm*

The morning will cover how we learn to count and basic number skills up to 10. It will introduce the Numicon Foundation Kit and include practical activities and suggestions to promote numeracy. It is relevant for staff and parents working with children aged birth upwards who are still working with numbers up to 10.

**COST:** £60 per professional (£15 for second person from same school)/£15 per family member.

Memory stick of resources available £7

- *It is going to be invaluable for me and my setting to support our children and develop them to their maximum potential.*
- *Very thought provoking - good examples shown to understand the difficulty maths presents to children.*
- *Despite not having used Numicon before I found it easy to follow and flexible. It was very helpful.*

**Using visual resources to develop the language and communication skills of children with Down syndrome**

*Wednesday 1st November 2017, 9.30 to 3.00pm*

The day will cover why the written word is used as a visual tool to develop language skills. Methods to develop clarity of speech, grammar, vocabulary, and lengthen sentence utterance will be discussed and illustrated. It will also detail visual timetables, conversation diaries and ideas to develop reading, writing and spelling skills.

After lunch there will be a software demonstration of Clicker 6/7 and details on the Reading Language Intervention programme.

**COST** Full day £95 per professional (£30 for second person from same school)/£30 per family member.

Lunch included in price.

Memory stick of resources available £7

**The inclusion of children with Down syndrome - expectations of behaviour**

*Wednesday 8th November 2017 9.30 to 2.30pm*

By considering the learning profile of a child with Down syndrome and looking at areas of need this course will aim to address areas where difficult behaviours may develop. It will look at expectations, appropriate behaviour, including self help skills and go on to outline strategies by focusing on wanted behaviour.

COST: £85 per professional (£25 for a second person from the same organisation)/£25 per family member. Includes lunch.

- *Useful for all children not just those with Down syndrome.*
- *Really pleased with this service, feel much more confident.*
- *Very informative come away with lots of ideas to implement.*
- *Really enjoyable and useful, reinforced and explained things I knew and gave lots of new strategies/tips.*

**Reading, Language Intervention for children with Down syndrome**

*Wednesday 15th and 22nd November 2017. This training course is over 2 half days, 9.30 to 12.30pm.*

The RLI programme detailed in a teacher's handbook and DVD developed and produced by Down Syndrome Education International, provides a systematic structured approach via daily activities that can be finely adapted to each child. The training days will cover the theory behind the programme, how to assess a child to find a starting point, how to monitor and record progress and how to deliver the daily intervention with examples from, and reference to, the teacher's handbook and DVD.

The RLI programme comprises of two strands of intervention; a reading strand and a language strand. The aim of the RLI programme is to:

- Improve spoken language and literacy skills of children with Down syndrome.
- Improve teaching practice and support educators.

We have for a long time known reading is a strength for children with Down syndrome but not all educators are aware of this or how to ensure the children reach their full reading potential.

Cost: £120 per professional (£40 for second person from same school)/£30 per

**ME, my body, my friends, my life**

***How to teach children & young people with Down syndrome about their bodies, keeping safe, privacy, social boundaries and self help skills.***

*This course is over 2 days Wednesday 29th November and 6th December 2017, 9.30am to 4pm*

The course will cover:

- How important SRE is for young people with learning disabilities. Names for body parts. Privacy.
- Puberty for girls, puberty for boys,
- Feelings, personal hygiene, self help skills.
- Touching, hugging, affection, friendships,.
- Safety in the community. Assertiveness. Abuse prevention strategies.
- How do we become our own protector?

The signs for this topic are also covered and now available in a book - SRE and Down syndrome Cost £6

Subsidised fees £60 per professional (£30 for a second professional from the same organisation)/ FREE for parents. This includes a folder of handouts . Memory stick of resources & activities available to buy at a cost of £7.

***School assemblies, (1/2 hour)***

***Introduction to Down syndrome for primary schools.***

***Introduction to Down syndrome for secondary schools.***

Both sessions cover what Down syndrome is and what it means to have Down syndrome with time for questions and answers. Please ring the Office to book. Payment by voluntary donation to the Group.

# CONFERENCE

## Health and children with Down syndrome

### for parents and professionals feeding, hearing, sleep, eyesight

We are delighted to invite you to our health conference delivered by health experts in the field of Down syndrome on Friday 3rd November 2017, 9am to 3.30pm

9 to 9.30 Arrive, refreshments

9.30 to 10.30 Hearing issues and the management of hearing loss with Rob Gardner, Head of Audiology Services, Bradford and Sue Marsden from the Hearing Impaired Team, Bradford Education

BREAK

10.45 to 12.15 Feeding issues and the management of nutrition and growth with Georgina Williams - lead principal investigator for the FADES study.

LUNCH

1.15 to 2.15 Eyesight issues and their management with Dr Margaret Woodhouse, senior lecturer, School of Optometry, Cardiff University.

BREAK

2.30 to 3.30 Sleep issues in children and young people with Down syndrome with Dr Michael Farquhar or Dr Desaline Joseph, sleep consultant, Evelina London children's sleep medicine department.

COST: £60 per head for professionals/£30 per head family members. This includes all refreshments and lunch. HALF day price £30 professional/£15 family member.

**Friday 3rd November 2017, 9am to 3.30pm  
at the Cedar Court Hotel, Bradford**

#### BOOKING:

Name.....

Parent/professional role.....

Telephone.....

Email.....

Confirmation of booking, invoice and directions will be posted upon receipt of booking form.

Address.....

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Dietary requirements.....

.....

Please return this section to: The Pamela Sunter Centre, 2 Whitley Street, Bingley, BD16 4JH

### **Next Term (2018)**

**Clicker 6 (7) A** is a fantastic programme enabling users to build their own sentences, make talking books by recording their own voice, make work and picture banks for topics and much more.

#### **Teaching basic Numicon beyond 10 and Time & Money**

introducing two digit numbers, addition and subtraction, counting in 10s,.

**Time:** We will go through a structured programme of activities and resources .

**Money:** We will detail a programme of 120 finely graded activities to help teach a person with Down syndrome or other learning disability to understand and use money.

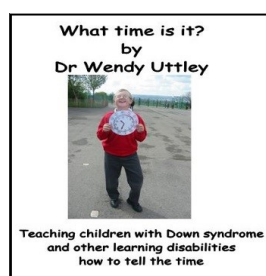
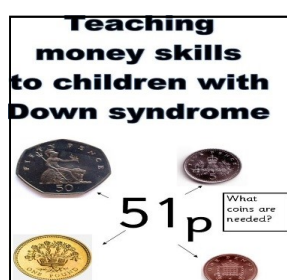
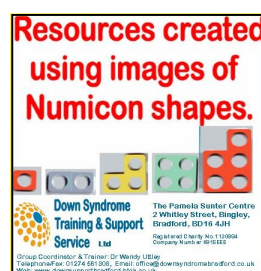
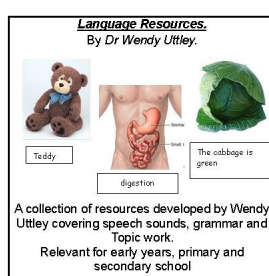
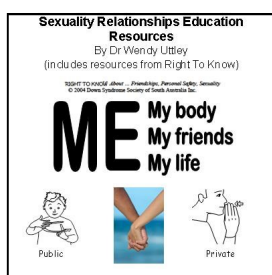
**Toilet Training for all ages** - Covers how the bladder develops, skills needed to use the toilet, tips on toilet training, constipation, day and night time wetting and set targets for each child..

### **THE DOWN SYNDROME TRAINING & SUPPORT SERVICE LTD PROVIDES**

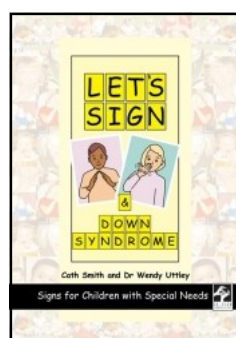
- Early Development Groups for children aged 12 months to 6 years
- A monthly Saturday session for families
- Training for schools
- Assemblies
- Specialised speech & language sessions
- Conferences
- Dance sessions
- A weekly youth club
- A monthly newsletter
- A library of specific books and resources

## RESOURCES

Resources developed to accompany many of our training courses are now available



**Memory sticks £7**



**book £7**

**INSET TRAINING  
ALSO AVAILABLE  
PLEASE CONTACT  
THE OFFICE**

### BOOKINGS

Booking forms for all courses are available, contact the office or visit our website.